

# *Colorado Opportunity Project*

Federal Reserve Bank of Kansas City  
National Conference: Exploring Financial Resiliency and  
Mobility

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# Overview

- Colorado Demographics
- Focus on Collaboration: Working Together to Become the Healthiest State in the Nation
- Brookings Model in Action: Colorado Opportunity Project
  - Family Formation Life stage
  - Local Liaisons & Early Successes
- What's Ahead: Colorado's Work to Expand the Model Beyond Middle Age Into Adulthood



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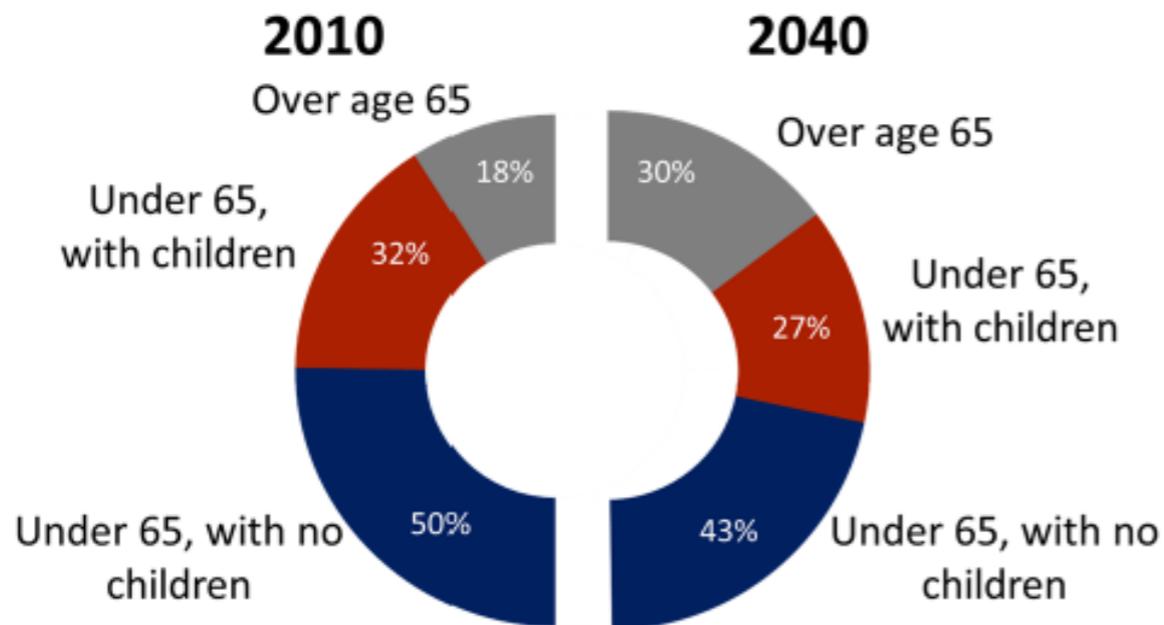
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# Colorado's Demographics

- Population = 5.4 million
- 83% live in Front Range/Urban
- Medicaid Population = 1.3 million
- 79% live in Front Range/Urban

## Household composition

Increases in households will be most significant for older age groups, leading to a smaller share of households with children.

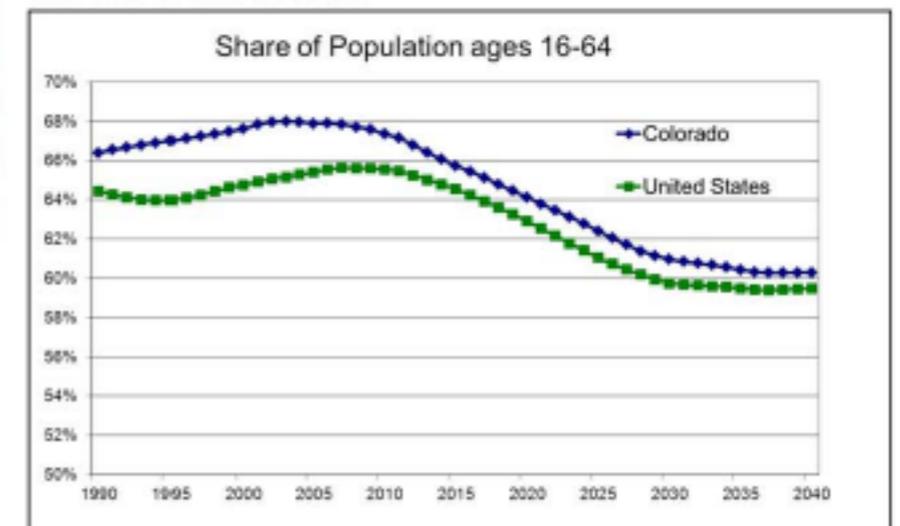


## AGING OF THE LABOR FORCE

In 2010, Colorado was the **4th** youngest state in the nation

↑ Share of the population over age 65 is increasing

Aging of the Baby Boomers will change Colorado's age distribution rapidly. We'll look more like the nation by the end of this decade.



Infographic Source: Colorado Department of Local Affairs, State Demography Office at [Colorado.gov/demography](http://Colorado.gov/demography)



# Medicaid Population

Approximately 75% of adults on Medicaid are working



Drivers



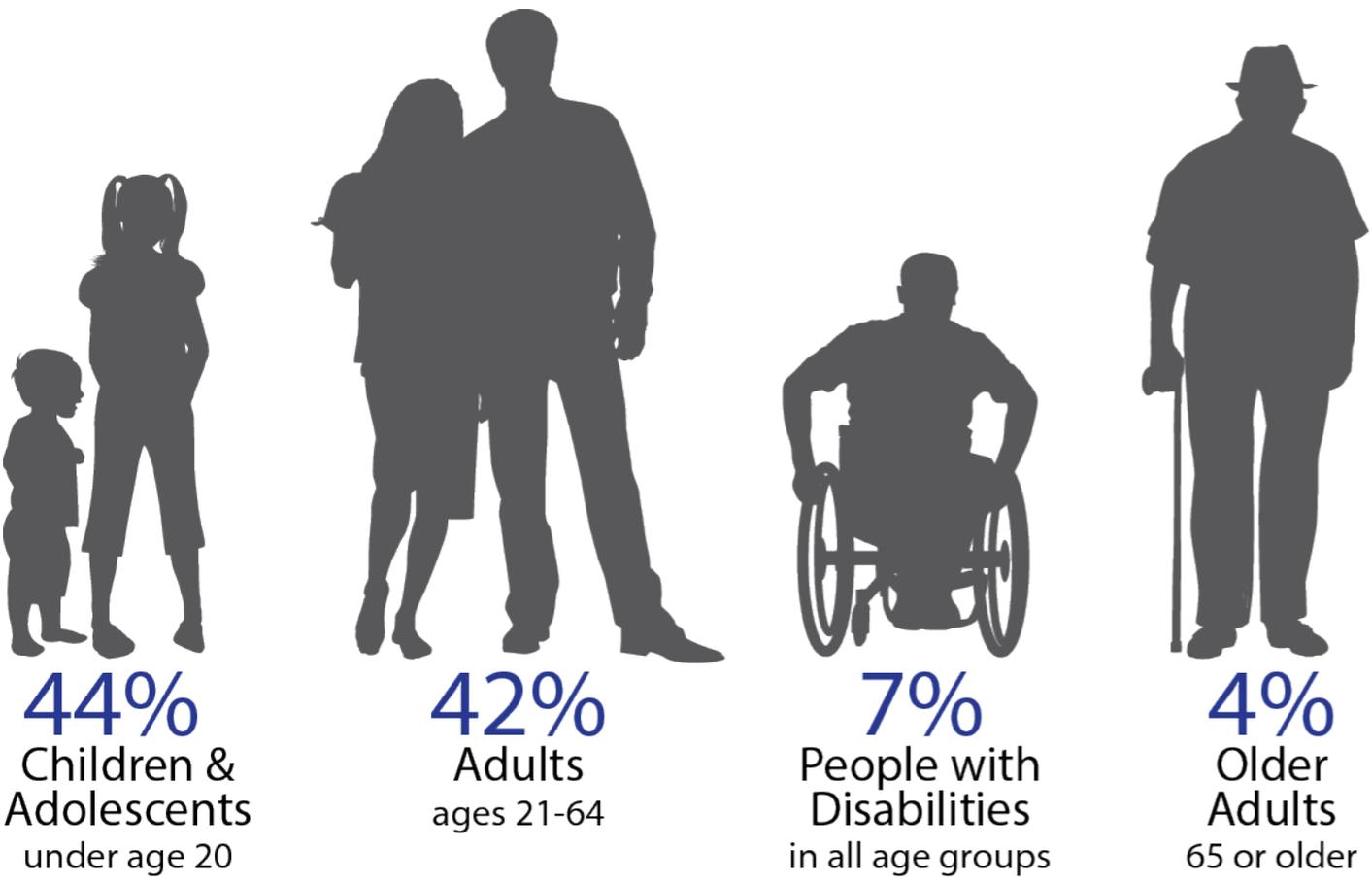
Child care workers



Waiters & waitresses



Cashiers



FY 2014-15 Medicaid Caseload

Federal Poverty Levels by Family Size		
	Family of 1	Family of 4
133%	\$15,654	\$32,252
260% (CHP+)	NA	\$60,625

\*Some earning more may still qualify.



# Colorado Households Enrolled in Public Assistance Programs



Infographic Source: Colorado Office of Information Technology, July 2016.



# *InterDepartmental Collaboration - Governor's Workforce Cabinet*



# *Colorado Opportunity Project Goal*

To deliver **evidence-based initiatives** and **community-based promising practices** that **remove roadblocks** for all Coloradans, so that everyone will have the **opportunity to reach and maintain their full potential**.



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# Colorado Opportunity Project: Family Formation & Childhood

## LIFE STAGE



### FAMILY FORMATION (positive birth circumstances)

*Planned pregnancy, born at healthy birth weight, to dual parent household without maternal depression*



### EARLY CHILDHOOD (ages 0 – 5)

*School readiness, healthy social emotional skills & family access to affordable, nutritious food*



### MIDDLE CHILDHOOD (ages 6 – 11)

*Math/Reading skills & healthy social emotional skills*

## OPPORTUNITY INDICATORS

- ✓ rate of low birth weight
- ✓ family income
- ✓ maternal depression
- ✓ single- or dual-parent household
- ✓ unintended pregnancy
- ✓ early screening and intervention

- ✓ % of parents concerned about child's emotions, concentration, behavior, or ability to get along with others (ages 0 - 8)
- ✓ % of families relying on low cost food
- ✓ children whose family members read to them less than 3 days/ week
- ✓ early screening and intervention

- ✓ standardized test: math scores
- ✓ standardized test: reading scores
- ✓ % of parents concerned about child's emotions, concentration, behavior, or ability to get along with others (ages 9 - 14)

# Colorado Opportunity Project: Adolescence - Early Adulthood

## LIFE STAGE



### ADOLESCENCE

(ages 12 – 17)

*Graduates from high school on time, develops healthy social emotional skills, not convicted of a crime, nor become a teen parent*



### TRANSITION TO ADULTHOOD

(ages 18 – 29)

*Currently sustainably employed having attended post-secondary education & has good physical/mental health*



### EARLY ADULTHOOD

(ages 30 – 40)

*Employment status, has good physical /mental health & middle class household*

## OPPORTUNITY INDICATORS

- ✓ high school graduation status
- ✓ violent arrest & property arrest rates
- ✓ teen parent status
- ✓ % of students (6<sup>th</sup> - 12<sup>th</sup> grade) who report ever feeling sad/hopeless or have considered suicide
- ✓ % of young adults (ages 18 - 25) who are currently depressed

- ✓ employed status of population (ages 16 - 19, by race and gender)
- ✓ % of Federal Poverty Level (FPL)/ family income
- ✓ attending post-secondary training/ education
- ✓ avg. # of days poor physical/mental health prevented usual activities, like self-care, work, or recreation

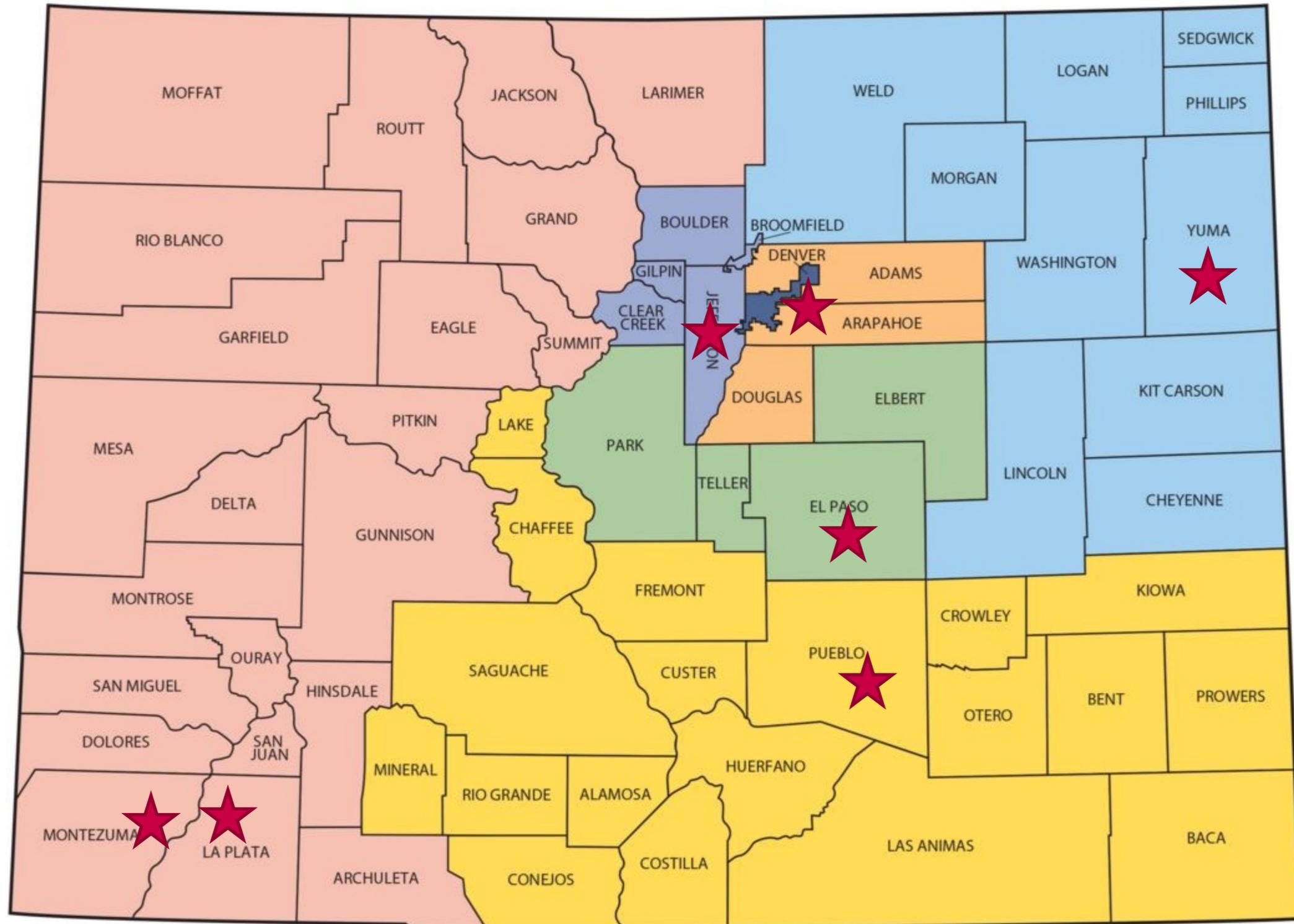
- ✓ avg. # of days poor physical/mental health prevented usual activities, like self-care, work, or recreation
- ✓ % of Federal Poverty Level (FPL)/ family income at age 29
- ✓ employment status of population (by education level, ages 25+)



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# Colorado Opportunity Project: Pilot Communities



# *Local Example: Pueblo Coalition*



**COALITION MISSION STATEMENT**  
Dedicated to improving the birth weight of babies born to Medicaid members living in the Pueblo Community through increased referral, enrollment, and retention into evidence-based programs.

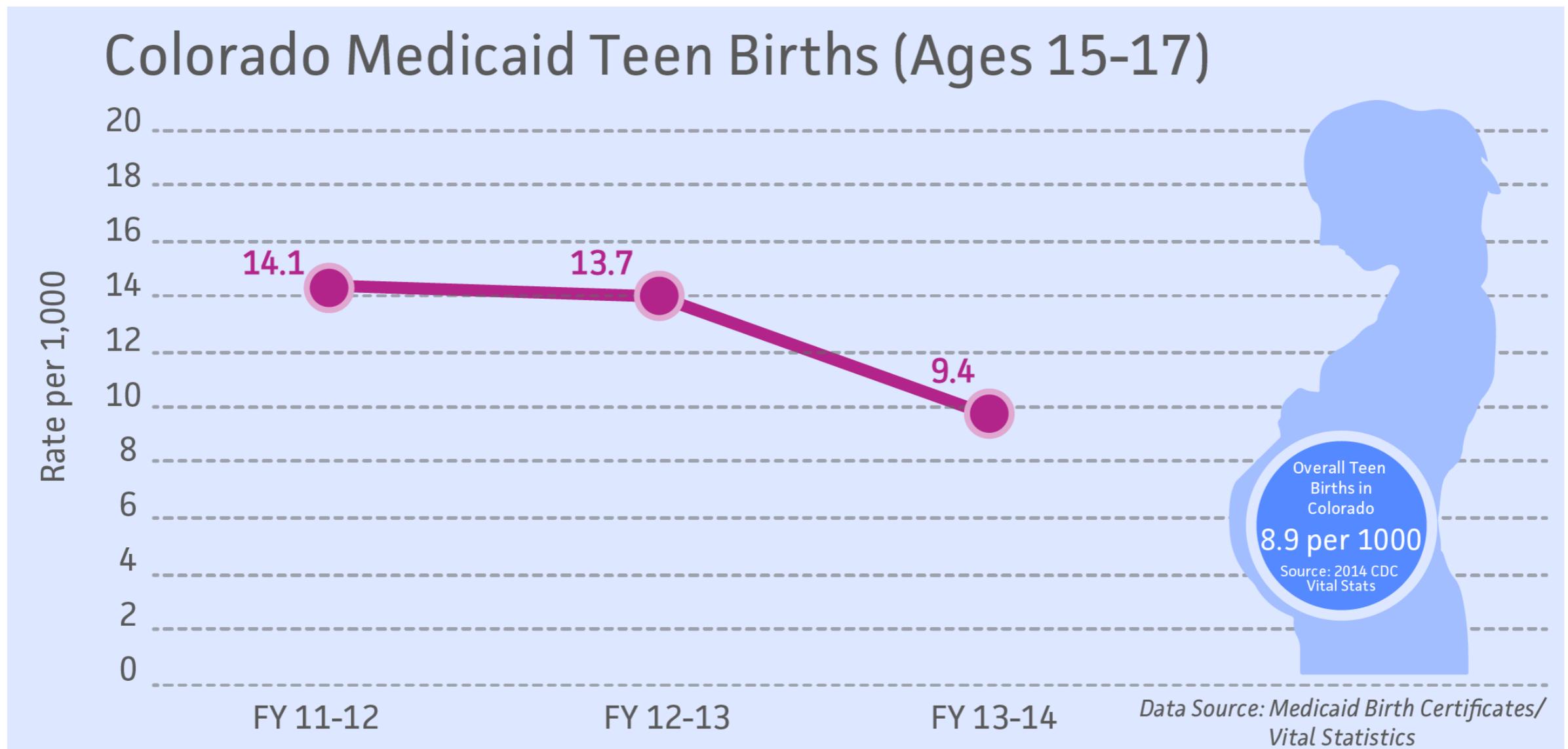
Photo Source: Historic Pueblo Riverwalk, Great Outdoors Colorado,  
<http://www.goco.org/>



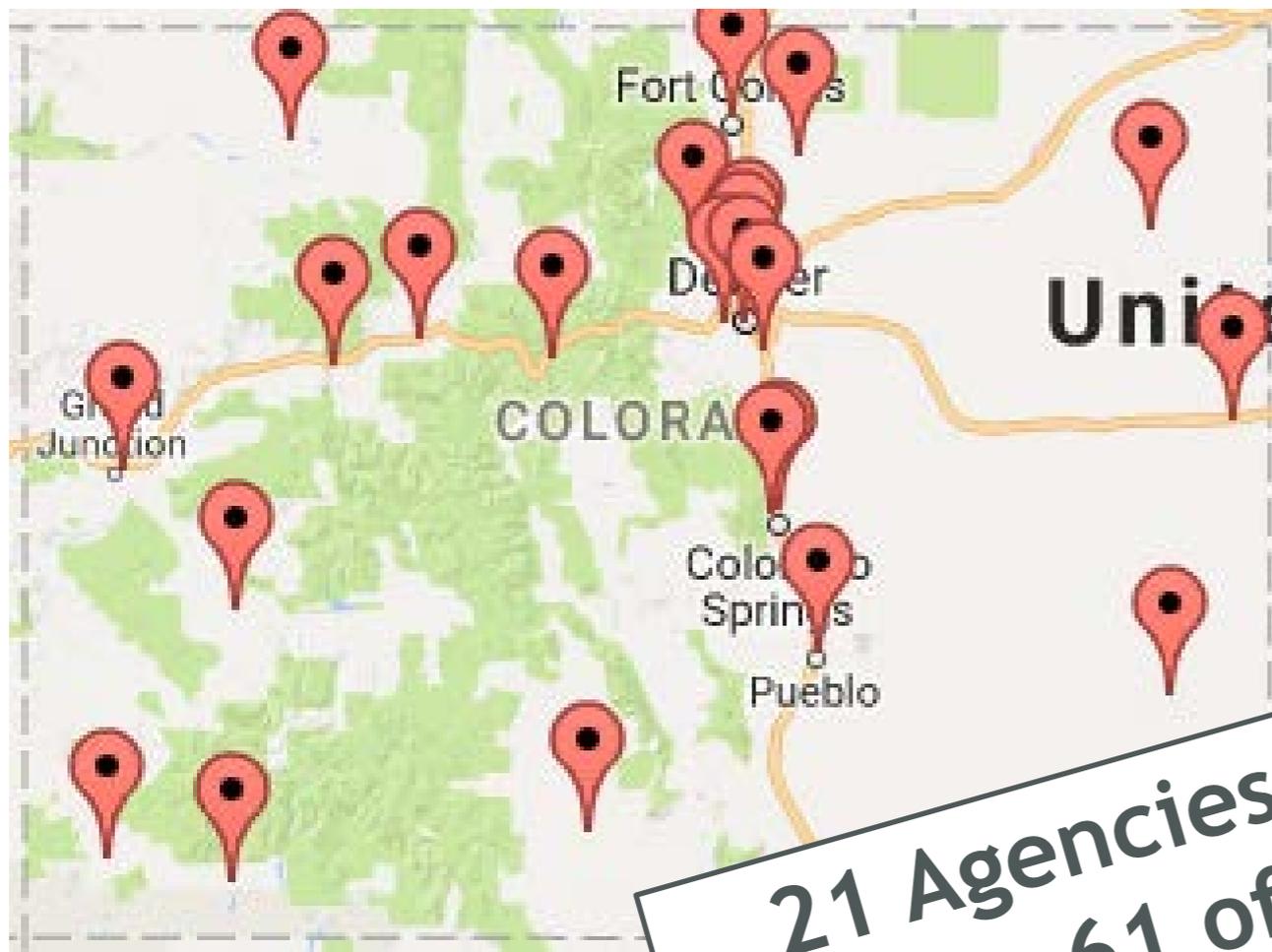
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# LARCs & Colorado's Progress on Teen Pregnancy Prevention



# Changing the Default - Collaboration with Nurse Family Partnership



**21 Agencies,  
Serving 61 of 64  
Counties**

## Positive Outcomes for Clients Served by Colorado's Nurse-Family Partnership

**91%** of children at age 24 months were fully immunized

**90%** of babies were born at a healthy weight - at or above 2500g (5.5 lbs)

**91%** of babies were born full term

**92%** of mothers initiated breastfeeding and 36% continue to breastfeed at 6 months

Cumulative data as of Dec. 31, 2015.



# Expanding the Model Beyond Middle Age

## LIFE STAGE

<b>ADULTHOOD</b> (age 41 and older)  <i>Independence at home, employment, social connectedness, preventative services</i>	<b>ADULTHOOD With Support<sup>1</sup></b> (age 60 and older)  <i>At risk due to medical complexity: independence at home with support, avoidance of excessive healthcare risks, and caregiver support.</i>	<b>DECLINE and END-OF-LIFE</b> (last 12 months)  <i>Quality care that is aligned with personal goals, effective support</i>
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## OPPORTUNITY INDICATORS

✓ employment status	✓ sufficient financial resources	✓ advance care plan
✓ affordable, accessible housing	✓ access to a formal or informal caregiver	✓ early enrollment and hospice use
✓ social connections	✓ falls	✓ dying in preferred place
✓ primary care provider	✓ preventable hospitalizations	

NOTE: Eligibility for Older Americans Act programs begin at age 60.



# *What's Ahead*

## Full Implementation of the Model Leverages

- Delivery System Innovation
  - Accountable Care Collaborative Model
- Tools of Transformation
  - Financing/Payment Reform
  - Health Information Technology
- Partnerships for Population Health
  - Recognition of Social Determinants



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# *Questions & Discussion*

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