



Putting Your Paycheck to Work

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The resources below can be used with high school students and young adults to help them understand and manage their paychecks and income. Teachers can use the resources for employees as reading materials and use the lessons below to reinforce understanding.

Resources for Educators

- [All fact sheets and information for educators, workers and employers](#)
- [Complete Activities Guide and Materials](#)
- [Understanding Your Paycheck Activities Guide](#)
- [Getting Your Paycheck: Direct Deposit, Check, or Payroll Card](#)
- [Paycheck Checkup: PDF and PowerPoint](#)
- [Understanding Your Paycheck Infographic](#)
- [10 Tips to Get More from Your Paycheck Infographic](#)

Additional Resources

[IRS Withholding Calculator](#)

Use this calculator to see how changes to your W-4 can affect your take-home pay.

- [Federal Benefits Screener](#)

Identify which federal benefits you may be eligible for using this interactive form.

- [Weighing the Effects of Financial Education in the Workplace](#)

This study suggests that both employers and workers benefit from financial education programs in the workplace.

10 Tips to GET MORE FROM YOUR PAYCHECK

Use an online W-4 calculator

Review your W-4 after major life changes

ID benefits and services you may be eligible for

Consider direct deposit to receive your pay

Contribute to employer-sponsored retirement plan

Explore employer benefits

Check your paystub for accuracy

Compare paystubs with your W-2 yearly

Consider free tax preparation assistance

Get details and more free resources to put your paycheck to work:
<http://paycheck.kcfed.org>

FEDERAL RESERVE BANK OF KANSAS CITY

Inform your employer of address changes